



GYM

THURSDAY 28TH

Bootcamp
 Abs Blast
 Open Gym
 Cardio & Abs
 Open Gym
 Stretch
 Yoga
 WLV HIIT

Sports Centre, Walsall
 Sports Centre, Walsall
 Sports Centre, Walsall
 Sports Centre, City
 Sports Centre, City
 Sports Centre, Walsall
 Sports Centre, Walsall
 Sports Centre, Walsall

7:15-8am
 10-10:30am
 12-2 & 7-9pm
 12:15-1pm
 12-2 & 6-8pm
 1-1:55pm
 5:15-6:15pm
 7-7:30pm



UNIVERSITY OF
WOLVERHAMPTON



**THURSDAY
28TH**

BUCS

Men's Badminton
Men's Futsal
Men's Basketball

Sports Centre, City
Sports Centre, Walsall
Sports Centre, City

5-7pm
7-8:30pm
7-9pm

SOCIAL

Basketball
Badminton

Sports Centre, Walsall
Sports Centre, City

4-5pm
4-5pm



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